



Beauty & Spa



*"Time stays long enough for
anyone who will use it."*

Leonardo da Vinci



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All the treatments at our Beauty & Spa entitle you to receive a leaf of the "It's Family Time" tree: MyTime for the treatments you choose to enjoy alone, TwoTime for treatments as a couple, KidsTime for children treatments and FamilyTime for when you are all together.

In order to enjoy the treatment you have booked in complete relaxation, we kindly ask you to arrive 5 minutes before your appointment. If you arrive late for your treatment, unfortunately we have to shorten the duration of the treatment itself.

We kindly ask you to communicate at the moment of booking eventual health problems, allergies to certain products or ongoing pregnancies. Sun exposure is not recommended after any treatment.

We are an oasis of calm. Therefore we kindly ask you to speak quietly and to take some time for yourself without your mobile phone.

Any cancellation must be notified directly to the beauty centre the day before the treatment, otherwise the full price will be charged.

All the products we use can be purchased at our Beauty & Spa. We can also deliver products directly to your home (no shipping charges for orders over €200).

All the treatments and the massages described in this brochure are considered aesthetical.

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Relax Massages

Massage with essential oils

Traditional techniques to relax the muscles and reactivate the circulation. It gives a feeling of relaxation and physical regeneration.

50 min. | **86 €**

25 min. (back or legs) | **50 €**

Stress-Less massage

Slow and rhythmic hand movements with orange oil for a deep relaxation of body and mind. The essential orange oil has a positive and soothing effect on the nervous system.

50 min. | **86 €**

Yin Yang massage

By means of deep maneuvers and following the energy flows of the body, this massage will bring back a feeling of intense regeneration.

50 min. | **86 €**

Guasha

Manual facial massage accompanied by special quartz stones that bring a detoxifying and oxygenating effect to the tissues.

50 min. | **86 €**

Cavallino Bianco

Our special massage coordinating various massage techniques to satisfy your particular needs and desires.

80 min. | **140 €**

Cavallino Bianco Package

1 Cavallino Bianco	80 min.
1 facial treatment	50 min.
1 Well-Being	50 min.
1 relax massage	50 min.

433€ **390 €**



Vitality Massages

Intense classic massage

This massage carries out a relaxing action, also through stretching, on the muscular areas affected by daily stress and physical activity.

50 min. | **92 €**

Back massage with arnica oil

Back and neck pain? A hot roller and selected maneuvers will stretch your muscles and dissolve the contractures accumulated over time, giving you a feeling of well-being and regeneration.

50 min. | **92 €**

Activ massage with Swiss pine wood

This dynamic massage, made with special Swiss pine sticks, has a regenerating and invigorating effect on the body. The special rolling and staking technique helps blood circulation and relieves muscle tension.

50 min. (back or legs) | **92 €**

80 min. (entire body) | **140 €**

Cupping massage

The cupping method has been known for thousands of years.

This treatment combines manual massage with the use of special cups. Tissues are reoxygenated, muscles relaxed and circulation reactivated.

50 min. | **92 €** (back)

80 min. | **140 €** (entire body)

Royal Thai

Treatment that combines stretching movements with palm and digital pressure on the body with light touches passing through several yoga positions. It relieves stress and helps to reunite mind, body and spirit. Massage without oil. During this treatment we kindly ask you to wear comfortable clothing.

50 min. | **98 €**

80 min. | **152 €**

Vitality Package

3 vitality massages 50 min.

1 face clean 50 min.

1 arnica wrap 25 min.

416€ **374 €**

Osteopathy

Chinese osteo cupping

A Chinese medicine technique where oxygen is removed to create a vacuum effect by using special cups, thereby drawing blood to the area requiring treatment. Chinese cupping is recommended in the treatment of common musculoskeletal disorders, to improve fluid circulation, including blood, lymph and Qi (energy circulation) and to eliminate toxins.

50 min. | **104 €**

Osteopathic back massage

A type of intense treatment that is specifically for the back, which combines the best osteopathic manipulative techniques with massotherapy. Suitable for the treatment of various lumbar, cervical and back problems.

50 min. | **104 €**

Postural myofascial massage

A type of very deep massage is recommended for the treatment of fascial restrictions that compromise proper posture and result in pain and muscle tension.

50 min. | **104 €**

Osteopathic treatment & medical history

Osteopathy is a profession that, through a purely manual approach, aims to restore physiological function and stimulate homeostasis that has been impaired due to a dysfunction of the bodily structure – that is, of all those components that come together to make up the human body.

A hallmark of osteopathy is that it is not limited to treating the symptom but aims to understand the cause that led to the somatic dysfunction.

80 min. | **162 €**

Osteopath Package

1 osteopathic treatment & medical history 80 min.

1 osteopathic back massage 50 min.

1 chinese osteo cupping 50 min.

370€ **333 €**

Bodystyling Rituals

Firming massage

NEW

Through the effect of shock waves created by our equipment and targeted products, this type of massage stimulates microcirculation and oxygenation of the surface tissues with excellent firming and moisturising effects.
50 min. | **86 €**

Anti-cellulite massage

This massage combined with specific products is recommended to correct imperfections of various types, concentrating on legs, abdomen and buttocks.
50 min | **86 €**

Draining massage

A sequence of gentle, slow and rhythmic movements which reduces water retention, promoting a pleasant feeling of light legs.
50 min | **86 €**

Bahia ritual, Brazil

Inspired by a Brazilian ritual, this body modelling treatment combines the slimming properties of caffeine with the special massage technique of tapping with a toning effect. Localized treatment for belly, legs and hips.
50 min. | **99 €**

Ritual Bodysilhouette

Heavy legs? A massage accompanied by draining wraps offers a pleasant light legs sensation.
50 min. | **99 €**

Legs cupping massage

Goodbye orange peel! This treatment combines manual massage with the use of special cups. Tissues are reoxygenated, circulation is reactivated and muscles are relaxed. Metabolism and lymphatic activity are stimulated, waste products are eliminated more quickly, so the appearance of the skin is improved.
50 min. | **86 €**

Bodystyling Package

1 body peeling	25 min.
2 bodystyling massages	50 min.
1 bodystyling ritual	50 min.
2 algae wraps	25 min.
1 legs cupping	50 min.
507€	456 €

Geoway

GEOWAY benefits:

Fitness: training without muscle pain. The thermal infrared rays improve the blood circulation of the muscles, ideal before and after workout.

Wellness: detoxify the body by sweating (twice as much as during a sauna).

Regeneration: suitable as a solution for symptoms like rheumatism, pain, tension and stress.

Pure antistress: stimulates the production of Vitamin D. Losing weight in a healthy way.

TIP: to increase its effectiveness, we recommend Geoway before each treatment.

1 Treatment

30 min. | **44 €**
45 min. | **52 €**

Pre and post sport

15 min. | **25 €**

Geoway Packages

4 Geoway	30 min.
176€	158 €
4 Geoway	45 min.
208€	187 €



Ayurveda

Relaxing rituals with enveloping manual techniques help to balance the invisible link between body and mind.

Abhyanga & Kerala

A traditional Indian massage with warm oil that improves the circulation and nourishes the skin, restoring the body energy balance.

Abhyanga 50 min. | **94 €**

Kerala 80 min. | **152 €**

Udvarthana

This ancient ritual helps to drain and reactivate the microcirculation. Thanks to the mixture of hot oil and plant powders you get a detoxifying and regenerating effect.

50 min. | **94 €**

Shirodara massage

An enveloping and relaxing sensation on the whole body followed by a pleasant flow of oil on the forehead. It offers benefit to those who suffer from insomnia and stressful situations, calming the body and mind.

50 min. | **94 €**

Pada-Mukabhyanga

A combination of ayurvedic massages for head, face and feet with a relaxing and beneficial effect on headaches, sleeping and cervical disorders.

50 min. | **88 €**

Pinda Sweda

Massage with herbal pads and precious oils, synergies of herbs and fine pure essential oils. A relaxing, regenerating and revitalizing massage for the body.

50 min. | **94 €**

Ayurvedic wrap

Deeply detoxifying and rejuvenating, this particular traditional ayurvedic wrap harnesses the natural abilities of flower and herbal extracts to give radiant, silky and purified skin.

25 min. | **50 €**

Ayurveda Package

1 Kerala	80 min.
2 ayurveda massages	50 min.
2 ayurvedic wraps	25 min.
440€	396 €



Wellness Massages

Balinese massage

Immerse yourself in a world of peace and tranquillity with this ancient ritual from Bali. This sensual break includes a gentle stretching massage technique with embracing maneuvers to alleviate tension.

50 min. | **98 €**

80 min. | **152 €**

Polynesian massage

A massage technique inherited from traditional healers to forget about time and space. Energy blocks are released with deep, relaxing manual techniques, giving a feeling of pleasant well-being.

50 min. | **98 €**

80 min. | **152 €**

Lomi Lomi

A ritual that combines dances, body work and massage, completely relaxes and allows you to let go of all your worries. Revitalizing effect, it strengthens the nervous system, activates the lymphatic and vascular circulation and also the metabolic process.

50 min. | **98 €**

Hot Stone

Immerse yourself in the warmth of lava stones. The gentle maneuvers of this massage will bring you to a state of deep relaxation, creating harmony and a positive energy flow.

50 min. | **98 €**

Energetic foot reflexology

Stimulation of reflex points on the sole of the foot, giving reflex relief to internal organs, reducing stress and improving microcirculation.

25 min. | **50 €**

50 min. | **82 €**





Well-being Treatments

TIP: to increase the relaxing and detoxifying effect, combine your wrap with a massage.

Wrap

Immerse yourself in the “Softbath” lounger and feel like in a cloud, promoting the absorption of active substances into the skin.

Algae wrap: draining/firming/anticellulite

Honey and arnica wrap: muscle relaxing/detoxifying/hydrating

Nourishing wrap: nourishing/moisturizing/soothing

25 min. | **50 €**

Hay bath: the power of the herbs

A hay bath is an experience for all the senses: essential oils of various herbs stimulate circulation, relax, detoxify and produce a calming effect.

25 min. | **52 €**

Luxurious essence bath

Let time stand still and enjoy a relaxing bath. Let yourself be seduced by the perfumes of various essences and by their beneficial effects.

25 min. | **46 €**

Ayurvedic wrap

Deeply detoxifying and rejuvenating, this particular traditional ayurvedic wrap harnesses the natural abilities of flower and herbal extracts to give radiant, silky and purified skin.

25 min. | **50 €**





Body peeling

TIP: a body peeling before a treatment increases the receptivity of the skin.

Papaya gommage: papaya fruit kernels

25 min. | 50 €

Well-Being

This luxurious treatment is a combination of a sea salt and spices peeling and a massage with a nourishing balm that will give your skin a smooth and silky appearance.

50 min. | 92 €

Oriental treasures

Let yourself be transported to the heart of the magical world of the Oriental tradition. This ritual with glove exfoliation opens the pores and stimulates microcirculation. The application of Shea butter will leave the skin soft and radiant.

50 min. | 92 €

Rose's

The pleasant warmth of the aromatic Turkish bath stimulates the senses and relaxes the muscles. This ritual is rounded off with a foamy soap scrub and a rose-scented Aphrodite beauty bath.

50 min. | 107 €

couple 90 min. | 164 €





Aesthetics

Hand mask	17 €
Foot mask	17 €
Aesthetic pedicure	60 €
Aesthetic pedicure with semi-permanent nail polish	70 €
Aesthetic manicure	55 €
Aesthetic manicure with semi-permanent nail polish	66 €
Normal nail polish	17 €
Semi-permanent nail polish removal	20 €
Semi-permanent nail polish	36 €
Total depilation (legs, bikini, armpits)	66 €
Depilation legs	45 €
Partial depilation legs	32 €
Depilation arms	27 €
Depilation bikini	20 €
Depilation armpits	20 €
Depilation upper lip	13 €
Depilation chest/back	33 €
Eyebrows correction	17 €
Eyebrows tinting	17 €
Make-up for adults	50 €





Facial Treatments

Moments of relaxation with a facial treatment chosen according to your needs and our new RHEA cosmetics line. Let our experts suggest you the best for your skin.

TIP: combine your face treatment with a hand or foot mask to deeply nourish and moisturize the skin.

Rhea

Face massage “Relax”

NEW

Relaxing facial massage through the application of our essential oils.

25 min. | 50 €

Face Clean e Face Clean Plus+

NEW

Deep cleansing treatment, customized for each skin type.

80 min. | 130 €

50 min. (eyebrows correction and massage not included) | 90 €

My-Skinetic Filler Face

NEW

Through the combination of equipment and specific cosmetic products, the skin is stimulated in-depth for instantly more regenerated and youthful tissue.

50 min. | 142 €

Pure Skin

NEW

This treatment is an exclusive method to oxygenate and purify the skin. The result? The face is fresh and detoxified: the skin will look smooth and radiant.

50 min. | 125 €

Planet Bright

NEW

Ideal for those who wish to even out and brighten the complexion, counteracting the appearance of skin discolouration. The skin will regain its radiance and the complexion will be more uniform.

50 min. | 125 €

Simple Lift

NEW

A treatment that firms and tones the skin of the face and décolleté. Thanks to boosted and targeted active ingredients that stimulate the subcutaneous tissue, the skin will appear plumped, and the face reshaped for an instant facelift effect.

50 min. | 130 €

Rhea

Pro Age

NEW

This innovative treatment with regenerating active ingredients redesigns the facial features by acting directly on the deepest layers of the epidermis. From the very first treatment, the signs of ageing are smoothed out: wrinkles and fine lines are relaxed and the skin is firmer and brighter.

50 min. | 130 €

Global Age

NEW

Global Age's anti-ageing action is intense and comprehensive. This treatment works in-depth to combat skin ageing through functional and innovative products. The skin will be instantly tautened, evened out and lifted.

80 min. | 152 €

My-Skinetic Age Supreme

NEW

With this treatment you will achieve a spectacular result. Thanks to the action of the equipment, which works on every layer of the skin, the tissue will come back to life, firm up and the signs of ageing such as wrinkles and dark spots will be less visible from the very first session.

80 min. | 165 €

Cinq Mondes

Fleur de Bali

Inspired by the beauty rituals of Bali, this treatment allows you to enjoy the delicate fragrance of tropical flowers and to discover the calming effects of the skin cleansing.

25 min. | 60 €

50 min. | 98 €

Ko Bi Do Facelift

A manual lifting inspired by the Japanese massage “Ko Bi Do”. A real “anti-aging treatment” with deep action against wrinkles and spots, useful to increase skin elasticity. It affects in particular the facial area of the eyes, mouth and décolleté.

50 min. | 124 €

80 min. | 152 €

Beauty Secrets Package

2 facial treatments	50 min.
1 Guasha	50 min.
1 Well-Being body ritual	50 min.
451€	383 €

Packages

The treatments must be used by 1 person during 1 stay. Cavallino Bianco vouchers or other promotions can not be combined with the above offers, but can be used for any additional treatment.

Cavallino Bianco Package

1 Cavallino Bianco	80 min.
1 facial treatment	50 min.
1 Well-Being	50 min.
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433€	390 €

Vitality Package

3 vitality massages	50 min.
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Bodystyling Package

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2 algae wraps	25 min.
1 legs cupping	50 min.
507€	456 €

Couple's Amour Package

1 relax massage per person	50 min.
1 facial “Relax” massage per person	25 min.
1 relaxing bath together	25 min.
1 facial treatment per person	50 min.
274€	247 € per person

Beauty Secrets Package

2 facial treatments	50 min.
1 Guasha	50 min.
1 Well-Being body ritual	50 min.
451€	383 €

Osteopath Package

1 osteopathic treatment & medical history	80 min.
1 osteopathic back massage	50 min.
1 chinese osteo cupping	50 min.
370€	333 €

Mamma Time

PREMAMAN treatments...loving care

The mother's relaxation has a positive effect on her baby as well. Our Beauty & Spa has developed some cosmetic programmes you can book after the 12th week of pregnancy:

Premaman massage

A cuddle for mom: the energy of life needs to feed on cuddles and love. A relaxing and regenerating massage with a gentle and rhythmic technique, to find relief and serenity.

50 min. | **86 €**

Draining massage

A sequence of gentle, slow and rhythmic movements which reduces water retention, promoting a pleasant feeling of light legs.

50 min. | **86 €**

Abhyanga

A traditional Indian massage with warm oil that improves the circulation, nourishes the skin and restores the balance of body energy.

50 min. | **94 €**

Pada-Mukabhyanga

A combination of ayurvedic massages for head, face and feet with a relaxing and beneficial effect on headaches, sleeping and cervical disorders.

50 min. | **88 €**



Family Time

WELL-BEING FOR THE FAMILY

Dream Bubbles (max. 4 people)

Family whirlpool with amazing fragrances from our skincare line Bellino.

50 min. | **90 €**

Family Dream (max. 4 people)

This treatment involves the family in fun and games. You will take a bath in the large “family” thub, followed by a small snack for the whole family.

90 min. | **164 €**

Mom & Daughter Bubbles • Dad & Son Bubbles

A relaxing bubble bath with the soothing essences of our new skincare line Bellino. A moment to be enjoyed together with mum or dad, followed by a body massage.

50 min. | **150 €**

Baby Time

FOR BABIES FROM 0 TO 2 YEARS OLD

Happy Bath

Calming bath with beneficial essences from our skincare line Bellino.

25 min. | **44 €**

Massages for babies and children

These massages foster the breathing activity, stimulate the circulation and relieve small complaints such as colicky pain in newborns.

25 min. | **37 €**

Mummy & baby

A unique experience for the mother and her baby. This treatment combines a common soothing bath followed by a massage for the child.

50 min. | **80 €**



Kids Time

FOR KIDS FROM 3 TO 11 YEARS OLD

We ask parents to be present during the baths.
The staff declines any responsibility.

Princess Dream

Our “fairies” will transform the girls into little princesses.
A beautiful hairstyle with a bit of make-up and nail polish: just like in fairy tales.

40 min. | **54 €**

50 min. two kids | **83 €**

Princess Dream with accessories

The perfect dress should not be amiss in addition to the “Princess Dream” treatment.

40 min. | **74 €**

50 min. two kids | **118 €**

Dream Bubbles (max. 4 kids)

Whirlpool with amazing fragrances from our skincare line for children BellLino.

50 min. | **90 €**



Beauty Princesses (for 2 sisters or friends)

A fun bath with relaxing essences from the Bellino line with a nice massage at the end. Double the fun with the little sister or friend.

50 min. | **130 €**

Massage for children

Soothing massage with gentle products suitable for younger skin.

25 min. | **44 €**

Sweet Candy

Joyful and relaxing moments for those with a sweet tooth. A gentle body peeling followed by a relaxing full body massage, for a heavenly treatment.

50 min. | **65 €**

50 min. two kids | **130 €**

Beauty Queen

Bath in the whirlpool followed by a pleasant massage for girls.

50 min. | **58 €**

50 min. two kids | **97 €**

Beauty King

Milk bath followed by a pleasant chocolate massage for boys.

50 min. | **58 €**

50 min. two kids | **97 €**

Pretty Girl · Cool Boy

This facial treatment is ideal for our youngest guests.

Natural care products gently cleanse the skin and moisturize it.

25 min. | **50 €**

Manicure Kids

25 min. | **29 €**

Pedicure Kids

25 min. | **34 €**

Teenager Time

FOR TEENS FROM 12 TO 16 YEARS OLD

Junior VIP

This facial treatment for young skin is ideal for irritations and first impurities.

50 min. | **68 €**

Dream

Relaxing and intensively nourishing bath with our extra mild shower gel.

25 min. | **51 €**

Teenage Dream (for 2 sisters or friends)

A relaxing bath with soothing essences followed by a massage.

50 min. | **130 €**

Be a Star

Make-up for a special event.

25 min. | **40 €**

Gommage Papaya

The pleasant scent of papaya invites you to relax. This peeling with the kernels of the fruit gently cleanses the skin and makes it glow again.

25 min. | **50 €**

Massaggio Teenager

Relaxing massage for our young guests.

50 min. | **70 €**





Hair Spa

FOR BEAUTIFUL, HEALTHY AND CARED HAIR

Relaxing treatments for women and men with our new DAVINES products.

TIP: book a wash and style after the Full Benefit Hair Spa treatments.

Full Benefits Hair Spa

NEW

Intensive treatment to rebuild the hair based on vegetal keratin, which strengthens the hair to the tips.

Let yourself be carried away by a pleasant massage to the scalp and hands. The care of our scalp is essential for healthy and beautiful hair.

45 min. | **85 €**

Mini Full Benefits Hair Spa

NEW

Scalp and hair length treatment with products customized to your needs.

Relaxing, ideal before hairstyling.

20 min. | **29 €**

Consulting, treatment & styling

NEW

Treatment with immediate cosmetic results, customized to the person's hair and scalp.

The treatment will be followed by a hairstyling.

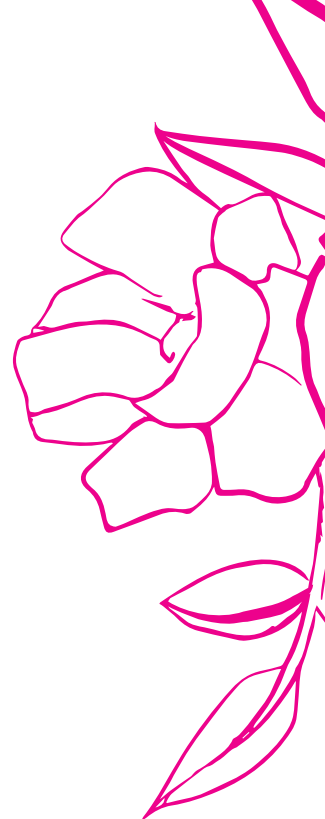
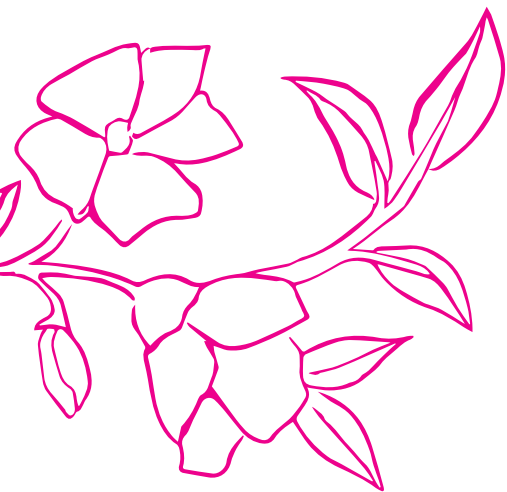
60 min. | **75 €**





Wash and style	40 € - 49 €
Wash and style for teenagers	35 €
Wash and style for kids	29 €
Haircut	39 €
Haircut for teenagers	35 €
Haircut for children	29 €
Men's haircut	29 € - 40 €
Meches	40 € - 90 €
Hair dye	55 €
Hairstyle	30 €
Care products	10 €
Bangs cut	15 €





THE **BEST HOTEL FOR**
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WORLDWIDE

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